

Are you having tough times?

Many people are experiencing hardship at the moment, having little or no work and an uncertain income. Small and even large companies are struggling. Please contact us if you are in need of help or just need someone to speak to. You are never alone.

If you are experiencing hardship we hope that these words will help you. If you need help or access to the food bank please contact our Rector, Barnaby Perkins on 01483 222 573



I have told you this so that you will have peace by being united to me. The world will make you suffer. But be brave! I have defeated the world!

John 16:33

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My mind and my body may grow weak, but God is my strength; he is all I ever need.

Psalms 73:26

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This is why I tell you not to be worried about the food and drink you need in order to stay alive, or about clothes for your body. After all, isn't life worth more than food? And isn't the body worth more than clothes? Look at the birds; they do not sow seeds, gather a harvest and put it in barns; yet your Father in heaven takes care of them aren't you worth much more than birds? Can any of you live a bit longer by worrying about it?

Matthew 6:25-26

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I alone know the plans I have for you, plans to bring you prosperity and not disaster, plans to bring about the future you hope for. Then you will call to me. You will come and pray to me, and I will answer you. You will seek me, and you will find me, because you will seek me with all your heart.

Jeremiah 29:11-13

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God has not promised sun without rain,
joy without sorrow
peace without pain.

But God has promised strength for the day,
rest from the labour,
light for the way,
grace for the trials,
help from above,
unfailing sympathy,
undying love.