

Eucharist for the Seventh Sunday after Trinity

The priest greets everyone

In the name of the Father, and of the Son,
and of the Holy Spirit

All Amen

The Lord be with you.

All And also with you.

First Hymn

1. I heard the voice of Jesus say,
'Come unto me and rest;
Lay down, thou weary one, lay down
thy head upon my breast.'
I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting-place,
and he has made me glad.
2. I heard the voice of Jesus say,
'Behold, I freely give
the living water, thirsty one;
stoop down and drink and live.'
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

3. I heard the voice of Jesus say,
'I am this dark world's light;
Look unto me, thy morn shall rise,
and all thy day be bright.'
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till travelling days are done.

The priest invites the people to call to mind their sins and ask for God's forgiveness

Brothers and sisters, as prepare to celebrate the sacred mysteries of Christ's love, let us call to mind and confess our sins.

Lord Jesus, you healed the sick:
Lord, have mercy.

All Lord, have mercy.

Lord Jesus, you forgave sinners:
Christ, have mercy.

All Christ, have mercy.

Lord Jesus: you give us yourself to heal us
and bring us strength:
Lord, have mercy.

All Lord, have mercy.

The priest assures the people of God's forgiveness

May almighty God have mercy on us, forgive us our sins,
and bring us to everlasting life.

All Amen

Gloria in Excelsis

All **Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

The priest introduces a period of silent prayer, after which the collect for the day is prayed.

Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion,
nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All **Amen**

The Liturgy of the Word

We hear the first scripture reading, read by Richard

A reading from St Paul's Epistle to the Ephesians (2.11-22)

“So then, remember that at one time you Gentiles by birth, called ‘the uncircumcision’ by those who are called ‘the circumcision’—a physical circumcision made in the flesh by human hands— remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once

were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God."

Reader This is the word of the Lord
All **Thanks be to God**

Gospel reading

The priest sings

Alleluia, alleluia.

'My sheep listen to my voice', says the Lord,
'I know them and they follow me.' Alleluia.

All **Alleluia!**

The priest introduces the gospel reading

The Lord be with you

All **and also with you.**

Hear the Gospel of our Lord Jesus Christ
according to St Mark (6.30-34,53-56)

All **Glory to you, O Lord**

"The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they

laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed."

This is the Gospel of the Lord

All Praise to you, O Christ

The Sermon is preached by Barnaby.

The Creed

Let us declare our faith in God, Father,
Son and Holy Spirit:

**All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

The prayers of intercession are led by Richard.

The following response is used throughout the prayers

Lord, in your mercy,
All hear our prayer.

At the end of the prayers we use the following words

Merciful Father,
**All accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Liturgy of the Sacrament

The Peace

The priest introduces the peace:

Lord Jesus Christ, you said to your apostles:
'Peace I leave you, my peace I give to you.'
Look not on our sins, but on the faith of your church,
and graciously grant us the peace and unity
of your kingdom. Who live and reign for ever and ever.
All Amen.

The peace of the Lord be always with you,
All and also with you

Preparation of the Table

As the altar is prepared with offerings of bread and wine

If you plan to make a financial offering as part of your worship today now is a good time to do it. Please follow the link in the video description

As the bread is placed on the Altar the priest says:

Blessed are you. Lord God of all creation,
for through your goodness we have received
the bread we offer you: fruit of the earth
and the work of human hands.
It will become for us the bread of life.

All Blessed be God for ever.

As the chalice is placed on the Altar the priest says:

Blessed are you. Lord God of all creation,
for through your goodness we have received
the wine we offer you: fruit of the vine
and the work of human hands.
It will become our spiritual drink.

All Blessed be God for ever.

The priest prays over the gifts on the altar

Lord,
bring us closer to salvation
through the gifts which we bring in your honour.
Accept the perfect sacrifice you have given us,
and bless it as you blessed the gifts of your servant Able.
We ask this through Christ our Lord.

All Amen.

The Eucharistic Prayer

The Lord be with you

All And also with you

Lift up your hearts

All We lift them to the Lord

Let us give thanks to the Lord our God

All It is right to give thanks and praise

It is indeed right and good,
our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.

For following the example of your Son,
our Saviour Jesus Christ,
your holy martyr St Thomas of Canterbury
shed his blood for the glory of your name.
His death reveals your power
made perfect in our human frailty.
You choose the weak and make them strong
in bearing witness to you
through Jesus Christ our Lord.

With joyful hearts we echo on earth
the song of the angels in heaven
as they praise your glory without end:

**All Holy, holy, holy, Lord God of hosts
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

**All Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection
and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice
of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary,
the Mother of God, St Peter, St Paul,
St Thomas of Canterbury, the blessed Apostles,
and all the Saints who have pleased you
throughout the ages,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All Amen

The Lord's prayer

Formed by divine teaching,
and at our Saviour's command
with boldness we pray:

**All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

As the priest breaks the bread we use the following response:

Every time we eat this bread and drink this cup
All we proclaim the Lord's death until he comes.

**All O Lamb of God,
you take away the sin of the world
have mercy on us.**

**O Lamb of God,
you take away the sin of the world
have mercy on us.**

**O Lamb of God,
you take away the sin of the world
grant us your peace.**

Invitation to Communion

The priest invites the people to make their spiritual communion,

Behold the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*As you look at the sacrament on the altar you might use these
words to express your desire to receive Christ into your heart.*

**All My dear Lord Jesus Christ,
I believe that you are present
in the most holy sacrament.
I love you above all things,
and I desire to receive you into my soul.
Since I cannot at this moment
receive you sacramentally,
come spiritually into my heart.
I embrace you as if you were already with me,
and I unite myself wholly to you.
Never permit me to be separated from you. Amen.**

Post communion prayers

Merciful Father,
may these sacred mysteries
give us new purpose
and bring us to new life in you.
We ask this in the name of Jesus the Lord.

All Amen.

**All Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

Final hymn

1. O for a thousand tongues to sing
my great Redeemer's praise,
the glories of my God and King,
the triumphs of his grace!
2. Jesus! the name that charms our fears,
that bids our sorrows cease;
'tis music in the sinner's ears,
'tis life and health and peace.
3. He speaks; and listening to his voice,
new life the dead receive,
the mournful broken hearts rejoice,
the humble poor believe.
4. Hear him, ye deaf; his praise, ye dumb,
your loosened tongues employ;
ye blind, behold your Saviour come;
and leap, ye lame, for joy!
5. My gracious Master and my God,
assist me to proclaim
to spread through all the earth abroad
the honours of your name.

Blessing and dismissal

The Lord be with you.

All And also with you.

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

The Eucharist concludes with the following response:

Go in peace of Christ.

All Thanks be to God.