

Do you feel afraid?

In these uncertain times it is natural to feel afraid but try not to let fear take over.

Have you thought of praying about those things that worry you? Sharing your fears with God really can help.

We hope that these words will comfort you if you are feeling afraid.



Do not be afraid - I am with you! I am your God - let nothing terrify you! I will make you strong and help you. I am the Lord your God; I strengthen you and say, 'Do not be afraid: I will help you.'

Isiah 41:10 & 13

.....

Be determined and confident. Do not be afraid of them. Your God, the Lord himself, will be with you. He will not fail you or abandon you.

Deuteronomy 31:6

.....

When I am afraid, O Lord Almighty, I put my trust in you. I trust in God and am not afraid: I praise him for what he has promised. What can a mere human being do to me?

Psalms 56: 3-4

.....

God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

Prayer for Serenity

.....

Slow me down, Lord!

Ease the pounding of my heart by the quieting of my mind.

Steady my hurried pace with a vision of the eternal reach of time.

Give me, amid the confusion of the day, the calmness of the everlasting rills.

Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory.

Orin L. Crain

.....

In view of all this, what can we say? If God is for us, who can be against us?

Romans 8:31