

Are you questioning your faith?

In times like these it is quite normal to feel doubt and ask "Why?" but do not feel guilty. Fluctuation of faith is part of the normal human relationship with God.

If you are feeling this way praying might help. You might not be able to find words to pray, but using the Lord's Prayer is a good place to start. You could also read some of the bible or tune in to one of our live streamed services at 10.30 on a Sunday morning.



We hope that the following words will also be helpful.

God is not like men, who lie; He is not a human who changes his mind. Whatever he promises, he does; He speaks and it is done.

Numbers 23:19

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Your rule is eternal, and you are king for ever. The Lord is faithful to his promises, and He is merciful in all his acts.

Psalms 145:13

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Happy is the man who has the God of Jacob to help him and who depends on the Lord his God, the Creator of heaven, earth, and sea, and all that is in them.

Psalms 146:5-6

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Jesus saw the crowds and went up a hill, where he sat down. His disciples gathered round him, and he began to teach them: 'Happy are those who know they are spiritually poor; the Kingdom of heaven belongs to them!'

Matthew 5:1-3

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'But when you pray, go to your room, close the door, and pray to your Father, who is unseen. And your Father who sees what you do in private, will reward you.'

This then, is how you should pray:

'Our Father in heaven:

May your name be honoured; may your kingdom come;

may your will be done on earth as it is in heaven.

Give us today the food we need.

Forgive us the wrongs we have done, as we forgive the wrongs that others have done to us.

Do not bring us to hard testing, but keep us safe from the Evil One.'

Matthew 6:6 and 9-13

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Faith is to believe what you do not yet see; the reward for this faith is to see what you believe.

St Augustine of Hippo